



FIYA FUTSAL Rules

Effective as of August 1, 2023

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OVERVIEW

- All rules apply to both Girls AND Boys FIYA Futsal
- Both teams are to say the [FIYA Sportsmanship Pledge](#) prior to start of game at center circle.
- It is recommended that teams that do not have reversible jersey tops bring at least 5 pennies in the event both teams have same colored tops.
- Schools with multiple teams in FIYA – players on teams MAY NOT play on more than one team.
- Indoor gym shoes and shin guards must be worn.
- Team benches are on defensive side of pitch and teams switch benches at halftime.

AGE DIVISIONS

- **FIYA Division 1 or D-1 Futsal league** is for students in grades 8th grade and below. For D-1 Coed, two boys and two girls must be on the pitch at all times, not including the goalie.
- **FIYA Division 2 or D-2 Futsal league** is for students in grades 6th grade and below. ABSOLUTELY NO 7TH AND 8TH GRADERS ALLOWED TO PLAY.
- **FIYA Division 3 or D-3 Futsal league** is for students in grades 4th grade and below. ABSOLUTELY NO 5TH THROUGH 8TH GRADERS ALLOWED TO PLAY.
- There are age requirements as well. Check the [FIYA Regulations Manual](#) updated yearly.

GAME TIME & TIMEOUTS

- **For Division 1 and Division 2** - Game consists of two (2) 24 minute halves with running time; no time added for injuries; three (3) minute halftime; one timeout (30 seconds) per half

- **For Division 3** - Game consists of two (2) 20 minute halves with running time; no added time for injuries; three (3) minute halftime; one timeout (30 seconds) per half

BALL

- **Division 1 and Division 2** league uses Size 4 ball
- **Division 3** league uses Size 3 ball

SUBSTITUTIONS

- All substitutions are on the fly; a substitute may not enter the match until the player leaving the match is at the touchline in the substitution zone.

KICKOFFS

- A goal may be scored directly from a kick-off.
- The ball is in play when it is kicked and clearly moves.
- Tapped balls are not in play – the ball must move.

KICK-INS

- Kick-ins are indirect.
- The ball must be placed on or no more than 10 inches behind the line and the kick must be taken within 4 seconds.
- The kicker's non-kicking foot must be out of bounds or on the line. (A kick-in that goes directly in the opposing goal is a goal clearance for the opposing team. A kick-in that goes directly in the defensive goal is a corner kick of the opposing team.)

GOAL CLEARANCES

- Goal clearances are taken when the ball wholly crosses the goal line after being touched last by the attacking team.
- The goalkeeper must use his hands to roll, bounce or throw the ball from anywhere inside the penalty area to outside the penalty area.

CORNER KICKS

- Corner kicks are direct.
- The ball must be placed directly on the corner spot and the kick must be taken within 4 seconds.

FREE KICKS

- Free kicks may be indirect or direct.
- The ball must be stopped completely before the kick may be taken.

PENALTY KICKS

- PKs are taken from the penalty spot and must be shot at goal by a clearly identified kicker.
- Defenders may not be nearer to the ball than 16 feet and must be behind an imaginary line running from touchline to touchline even with the penalty spot.

DISTANCE

- For all of the above (Kickoffs, Kick-ins, Corner Kicks, Free Kicks, and PKs), except goal clearances, opponents may not be closer to the ball than 16 feet.

CEILING

- If the ball hits the ceiling or other object, the team that did not touch the ball last restarts play with a kick-in from the nearest point on the touchline.

INDIRECT FREE KICKS

- Indirect free kicks take place when a player:
 - plays in a dangerous manner,
 - impedes an opponent (without playing the ball),

- slides,
- prevents the goalkeeper from releasing the ball with her hands,
- or commits any offense for which play is stopped to caution or eject a player.

DIRECT FREE KICKS

- Direct free kicks take place when a player:
 - kicks or attempts to kick an opponent,
 - slide-tackles an opponent or slides with an opponent near (automatic yellow card/caution),
 - jumps at an opponent,
 - charges at an opponent,
 - strikes or attempts to strike an opponent,
 - pushes an opponent,
 - holds an opponent,
 - spits at an opponent or handles the ball deliberately.

THE GOALKEEPER

- Goalkeepers must wear a different color shirt.
- He/she may wear long pants and/or other padding as deemed safe by the match referee.
- May receive a kick-in directly.
- May not throw the ball directly across the half-way line.
- May score directly with his feet during the run of play.
- May not punt or drop-kick the ball. (Ball must settle to the ground or be touched first, no "air" under the ball when kicked.)
- May not possess the ball for more than four seconds in her own half.
- May only touch/receive the ball once per team possession.

FOULS PENALIZED WITH A DIRECT FREE KICK

- **A direct free kick is awarded to the opposing team if a player commits any of the following seven offenses in a manner considered by the referees to be careless, reckless or using excessive force:**
 - Kicks or attempts to kick an opponent
 - Trips an opponent
 - Jumps at an opponent
 - Charges an opponent
 - Strikes or attempts to strike an opponent
 - Pushes an opponent
 - Tackles an opponent
- **A direct free kick is also awarded to the opposing team if a player commits any of the following three offenses:**
 - Holds an opponent
 - Spits at an opponent
 - Handles the ball deliberately (except for the goalkeeper within his own penalty area)
- **Direct free kicks are taken from the place where the offense occurred**

FOULS PENALIZED WITH AN INDIRECT FREE KICK

- **An indirect free kick is awarded to the opposing team if a goalkeeper commits any of the following four offenses:**
 - Controls the ball with his/her hands or feet in his own half of the pitch for more than four seconds
 - After playing the ball, he touches it again in his own half of the pitch after it has been deliberately played to him by a team-mate without an opponent playing or touching it
 - Touches the ball with his hands inside his own penalty area after it has been deliberately kicked to him by a team-mate
 - Touches the ball with his hands inside his own penalty area after he has received it directly from a kick-in by a team-mate

- **An indirect free kick is also awarded to the opposing team if, in the opinion of the referees, a player:**
 - plays in a dangerous manner in the presence of an opponent
 - impedes the progress of an opponent
 - prevents the goalkeeper from releasing the ball from his hands
 - commits against a team-mate one of the nine offenses penalized with a direct free kick if they are committed against an opponent
 - commits any other infringement not previously mentioned in any other rule, for which play is stopped to caution or dismiss a player
- **Indirect free kicks are taken from the place where the offense occurred**

FREE KICKS OUTSIDE THE PENALTY AREA

- All opponents must be at least 5m from the ball until it is in play
- An indirect free kick conceded in the penalty area is taken from the penalty area line at the point nearest to where the offense was committed

GOAL CLEARANCE

- The opponents must be on the pitch and outside the penalty area of the team taking the goal clearance until the ball is in play.
- The ball is in play when it is thrown directly out of the penalty area by the goalkeeper of the defending team

We look forward to this year's FUTSAL season with you!

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Use the hashtags **#FIYAthletics | #FIYAfutsal**

