



FIYA BASKETBALL RULES

Effective as of January 1, 2023

Overview.....	Page 2
Age Divisions.....	Page 2
Game Time, Timeouts, Overtime.....	Page 2-3
Ball.....	Page 3
Fouls.....	Page 3-4
Standings & Playoffs.....	Page 4

OVERVIEW

- All rules apply to both Girls AND Boys FIYA Basketball
- Both teams are to say the [FIYA Sportsmanship Pledge](#) prior to start of game at center circle.
- It is recommended that teams that do not have reversible jersey tops bring at least 5 pennies in the event both teams have same colored tops.
- Schools with multiple teams in FIYA – players on teams MAY NOT play on more than one team.
- For anything not specifically mentioned in this document or in the [FIYA Regulations Manual](#), CIF high school basketball rules apply.

AGE DIVISIONS

- Division 1 or D-1 is for students in 8th grade and below. NO HIGH SCHOOL STUDENTS ALLOWED TO PLAY.
- Division 2 or D-2 is for students in 6th grade and below. NO 7TH AND 8TH GRADERS ALLOWED TO PLAY.
- Division 3 or D-3 is for students in 4th grade and below. NO 5TH AND 6TH GRADERS ALLOWED TO PLAY.
- There are age requirements as well. Check the [FIYA Regulations Manual](#) updated yearly.

GAME TIME, TIMEOUTS, AND OVERTIME

- Game consists of four (4) 10 minute quarters. Clock runs except as stated below. Halftime is three (3) minutes in length. Each team is allowed three (3) timeouts per game. **D-3 Exception:** Each D3 team is allowed two (2) timeouts per game.
- During last three (3) minutes of the 4th quarter, clock should be stopped on a referee's whistle if margin is 10 points or less. **D-3 Exception:** During last two (2)

minutes of the 4th quarter, clock should be stopped on a referee's whistle if margin is 6 points or less. The clock should be re-started only when a player in bounds on the court touches the ball.

- If tied, overtime consists of a two (2) minute period. If tied still, another two (2) minute period. If tied still after two (2) overtimes, sudden death (first team to score a point wins). **FOR D-3 ONLY:** If tied, there is only one (1) 2-minute overtime period; D3 game *can* end in a tie. Teams are allowed one (1) timeout per overtime. There is no carry over of timeouts in any overtime period. Clock stops on all dead ball whistles in overtime.
- If team leads by 30 points or more at any time in 4th quarter, this is a mercy. Game may continue at judgment of referees and consent of both coaches with the score turned off and a continuously running clock.
- Backcourt defense is allowed at all times. 10 seconds to cross half court for both boys and girls. No backcourt press allowed during mercy play. **FOR D-3 ONLY:** NO backcourt defense is allowed except for the final 2 minutes of the game and any overtime. In addition, for D-3 ONLY, if a team leads by more than 15 points at any time during the game, all defenders for the leading team must play defense inside the defensive three point line.

BALL

- The ball size is youth or 27.5 for D-3. Also, the height of the rim is 9 feet for D-3 girls ONLY; all other divisions, the rim height is 10 feet.
- The ball size is intermediate or 28.5 for Girls D-1 & D-2 and Boys D-2 Divisions
- The ball size is regular or 29.5 for Boys D-1

FOULS

- **FOR D-3 ONLY:** Personal fouls are not recorded; only team fouls are recorded in D-3.
- Five (5) individual or personal fouls on a player per game and he/she is disqualified.
- Technical fouls recorded as personal fouls; any player or coach ejection likely will result in 2 game suspension.

- 7 to 9 team fouls per half allows opponent to be in Single Bonus and ten (10) team fouls or more per half allows opponent to be in Double Bonus.

STANDINGS & PLAYOFFS

- Season standings are determined by points. A win is worth three (3) points, a tie one (1) point, a loss zero (0) points, and a forfeit (-3) points. League standings will be updated on our [website](#) weekly throughout the regular season.
- Playoffs take place following the regular season for qualifying Division 1 teams only; qualifying teams are based on standings from regular season league play.

WE LOOK FORWARD TO THIS YEAR'S BASKETBALL SEASON WITH YOU!

Be sure to follow, “like”, and subscribe to FIYA on Facebook, Instagram, Twitter, YouTube, and Pinterest [@fiyathletics](#) and our email newsletter for all: updates, info, photos, videos, and MORE from our Basketball and other sports' seasons.

Tag us [@fiyathletics](#) in any of your posts from the season to be featured!
Use the hashtags [#FIYAthletics](#) | [#FIYAbasketball](#)

