



FIYA VOLLEYBALL RULES

Effective as of September 1, 2021

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OVERVIEW

With the exception of net height and the number of sets in a match as detailed below, FIYA Volleyball rules mirror NFHS Volleyball rules. The other information below is included as points of emphasis.

- Prior to match, both teams meet at center circle to recite [FIYA Sportsmanship Pledge](#).
- **Net Height:** For Division 1 Boys it is 7'4"; for Division 1 Girls and for Division 2 Girls/Boys, it is 7'0".
- Matches are a best two (2) out of three (3) sets, with the first two sets to 25 and the third to 15. In Division 1, a team must win by two points with no cap. In Division 2, a team must win by two points except for cap to 30 in first two sets and cap to 20 in third set.
- Each team is allowed two (2) timeouts per set.
- Each team is allowed 18 substitutions per set (excluding libero). When a player has been substituted out of the game, such player may only return to play in the same position for which he/she was substituted out in the set. All substitutions shall occur at the 10 foot line.

LIBERO RULES

- **A libero is allowed.**
 - The libero shall wear a uniform top that is immediately recognized from all angles as being in clear contrast to and distinct from the other members of the team.
 - The libero is a back-row player who is a defensive specialist. Only one libero may be designated per set. The libero, when used:
 - a. Shall be designated on the lineup sheet prior to each set;
 - b. May be the team captain;
 - c. May be used as an exceptional substitution for an injured player if no other legal substitutes are available;
 - d. Shall not replace a disqualified teammate;
 - e. Shall be allowed to serve in one position in the serving order

- **A libero shall not:**
 - a. Complete an attack from anywhere if, at the moment of contact, the ball is entirely above the height of the net;
 - b. Set the ball using overhand finger action while on or in front of the attack line extended, resulting in a completed attack above the height of the net;
 - c. Block or attempt to block;
 - d. Rotate to the front row.

- **Procedures for libero replacement:**
 - a. The libero designated on the lineup for that set is allowed to replace any player in a back-row position. The libero may serve in one position in the serve order;
 - b. The libero may only be replaced by the player whom he/she replaced;
 - c. One libero replacement may be exercised per dead ball/rally unless the libero is replacing the player in the right back position and will serve the next rally;
 - d. Libero replacements do not count as substitutions and are unlimited;
 - e. A libero replacement must take place between the attack line and the end line in front of that team's bench;
 - f. A libero replacement must be completed during a dead ball prior to the whistle and signal for serve.

WE LOOK FORWARD TO THIS YEAR'S VOLLEYBALL SEASON WITH YOU!

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